

"He reached down from on high and took hold of me;
He drew me out of deep waters.
He rescued me from my powerful enemy, from my foes, who were too strong for me.
They confronted me in the day of my disaster, but the LORD was my support.
He brought me out into a spacious place;
He rescued me because he delighted in me." Psalm 18: 16-19

What are the mission and vision of the Crossing Emotional Strength Ministries with Mashah?

Our Mission Statement: We facilitate the release of God's love and truths to people which help to overcome their hurts and empower them to love and serve the Lord with their whole being.

Our Vision Statement: Mashah and The Emotional Strength Ministries of the Crossing exists to raise up youth, and adults who walk in freedom and wholeness through the redemptive power of Jesus Christ.

What does Mashah mean and what is the ministry?

"Mashah" is the Hebrew word for being "drawn out of the water" as Moses was "drawn out" of the water by Pharaoh's daughter as she rescued him and set him on his journey to fulfill the plans God had for his life. Likewise, Psalm 18 assures us that God rescues each one of us and resets our path when we are in need of help.

God has a destiny for each one of us! He has good works already prepared for you to walk in! Since we are both physical and spiritual beings, we understand that there is an enemy of our souls, satan, whose desire is to thwart God's purposes for us. He is able to set up strongholds in our thoughts, our emotions, and our ability to make decisions due to the way we respond to the events in our lives. We give this darkness legal rights to affect our lives when we agree with him by our words or actions.

The Mashah Ministry helps identify the ways we have unwittingly participated in activities and thoughts that separate us from God as it opens the doors to set us free from the places we have been held captive. When the light of Jesus fills a space in our hearts that had been occupied by lies or anger or even unforgiveness, Truth comes to fill that space, and the enemy's legal rights are nullified! Ministry receivers will find their lives transformed as they learn to identify the enemy's tactics and use the truths they receive from Jesus to live a fuller life. Hurts are healed and people are empowered to love and serve the Lord with their whole being because Jesus and His ways are amazing!

What is the mandate for this ministry?

Our mandate comes from Isaiah 61 and follows the call that Jesus had on His life:

"The Spirit of the Sovereign Lord is on me
because the Lord has anointed me to preach good news to the poor.
He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives
and release from darkness for the prisoners,
to proclaim the year of the Lord's favor
and the day of vengeance of our God
, to comfort all who mourn,

and provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes,
the oil of gladness instead of mourning,
and a garment of praise instead of a spirit of despair.
They will be called oaks of righteousness,
a planting of the Lord for the display of His splendor." Isaiah 61:1-3

How would I know if I could benefit from this ministry?

Since we all can benefit from forming a closer connection with our God in the midst of facing our daily struggles as well as processing through our past traumas, every Christian will be blessed by this ministry. The challenges and difficulties of the past leave emotional scars within us which impact our present lives. During ministry time, the ministry receivers will gain knowledge and understanding of who they are in Christ and identify beliefs that may not align with biblical Christianity. Through personal prayer we will be target the hurts and lies we believe about ourselves and examine the bad decisions that have hindered one's resilience so that emotional healing can take root. We recognize the spiritual opposition of the journey to being conformed to Jesus' image. Therefore, during ministry any "legal rights" the enemy has claimed will be canceled. Likewise, revelation from God will be imparted which empower individuals to live their lives in total freedom-- the freedom that Christ purchased at Calvary!!

What is inner or emotional healing?

"Inner healing" is a ministry that deals with our inner reactions to events in our lives. The goal is to identify poor decisions and problematic behavior patterns, to heal past hurts, to cleanse one's thought life, allow forgiveness from sin, gain the upper hand in any ongoing spiritual battles so that the freedom and joy Christ offers can be fully claimed!

How does my past impact my present and future?

The people and circumstances in our lives impact the way we respond to and perceive our present and future. Perceptions and beliefs are impacted by wounds and sin. Such things as bad decisions, vows, judgments, unforgiveness, or lies believed, allow the enemy of our souls to have power over our lives. The enemy keeps us from seeing clearly and realizing our potential and destiny. We must break the chains of the past so that we can move forward in a healthy manner, which opens the door to our God-given destiny.

Explain the process of a ministry session.

A typical ministry session usually lasts 1.5 hours and includes two ministers who come alongside the receiver to guide the prayers. At least one minister will be of the same gender as the receiver. The session is covered in prayer and is directed by the Holy Spirit. The object is to help the receiver grow in likeness to Christ and be empowered to walk out their God-given destiny. Through listening prayer, Jesus helps the receiver to identify past hurts, erroneous ideas or lies, and sinful behaviors. Instead of continuing in the same rut of behavior problems, truth is imparted so freedom can be realized.

Describe the Mashah Ministry team.

The team is made up of followers of Jesus Christ who have participated in many hours of training in using the Word of God with prayer to facilitate healing through the power of the Holy Spirit. The individuals on the team have made a commitment to confidentially and prayerfully come alongside people from the body of Christ to help them realize their full potential in Christ Jesus. Team members are NOT medical or legal professionals or licensed psychologists or psychiatrists.

How do I get started? What is the application process?

An application for ministry can be accessed on this website currently located under events-- or picked up at the Church Connection Center or here:

[-Mashah Application-](#)

It should be completed and emailed to amy@crossingumc.org, or mailed or dropped off at the Crossing. Once your application is reviewed, the Pastor of Pastoral Care, Amy, will assign you a team of two people as your personal prayer partners and Mashah Ministers. Your team leader will contact you to schedule an agreeable time to meet at the church--or during Covid, on Zoom or Google Duo-- for your first session. You may be asked to do some reading in preparation for your ministry time.

Is there a cost for this ministry?

We ask for a \$50.00 donation to help cover the cost of materials. This is strictly a donation and is entirely optional. Additional donations are encouraged and accepted, as they assist in the purchase of materials and training costs associated with the team.

Do I have to be a member of the Crossing to receive ministry?

No. We minister to both members and non-members of the Crossing. We do, however, encourage all our receivers to be active in a Bible-believing church community and to obtain their pastor's blessing to receive ministry.

I am concerned about sharing confidential information with others. Will my information be kept confidential?

Yes. All information will be kept confidential. Team members may not discuss any of the information you share or what happens during a session with anyone except the Pastor of Mashah Ministries. (Any exception to this guideline would be addressed verbally, and in writing, at a session.)

Am I eligible to become a member of the Mashah Ministry Team?

All members of the Mashah Ministry Team must be members of The Crossing. However, multi-faceted training has been developed to accommodate individuals from both the Crossing. Pastors who would like training for their churches and assistance with the formation of teams should contact amy@crossingumc.org for further information.

How would I receive training to become part of the Mashah Ministry Team?

For detailed information and requirements, please email amy@crossingumc.org.